





# SOS for K-12 School Staff Suicide Prevention for Adults

### About SOS for K-12 School Staff

SOS for K-12 School Staff is a professional development course that uses video and interactive learning to teach staff how to help students at-risk through the ACT (Acknowledge, Care, Tell) framework, as well as how school personnel can support themselves and their co-workers.

#### **The Basics**

- One-hour, self-guided online training
- Appropriate for elementary, middle and high school staff
- Satisfies many state requirements for suicide prevention training programs
- No backend administration required
- Automatic reports track course completion
- \$500 per school (annual license)



## All Adults Have a Critical Role

School mental health professionals and student support staff have the **most training** in identifying and intervening with youth at risk for suicide.

All other school staff are the **most likely** to interact with students who aren't already identified as needing support.



#### **Suicide Prevention for Adults**

#### **Key Learnings**

- How to recognize warning signs and risk factors for suicide in children, teens, adults, and ourselves.
- How to engage in appropriate, caring conversations with students and adult peers.
- Steps for how to keep a student safe, while connecting them to qualified school staff.
- First-hand accounts from peers on how promoting a safe, connected school environment can reduce suicide risk.
- Stories from teens and school employees on how mental health impacted their schoolwork, attendance, and behaviors.

93%

Felt more prepared to recognize signs of suicide in a student after completing.

95%

Report knowing how to connect a student to resources after completing.

## Reporting Sample

No backend administration is required to monitor course completion. We automatically send weekly reports of who has completed SOS for K-12 School Staff.

Student First Name	Student Last Name	Course Title	Student Email	Registration Date	Begin Date	Completion Date	Last Active Date	Status	Completion Percentage
Jennifer	Harris	SOS for K-12 School Staff	jharris@school.org	6/17/2024	6/17/2024		6/22/2024	In Progress	0%
Breelynn	Smith	SOS for K-12 School Staff	bsmith@school.org	4/14/2024	4/14/2024	5/1/2024	5/1/2024	Passed	100%
David	Vedder	SOS for K-12 School Staff	dvedder@school.org	12/23/2023				Registered	0%
Nick	Jones	SOS for K-12 School Staff	njones@school.org	4/20/2024	4/22/2024		8/25/2024	In Progress	0%
Erin	Bridges	SOS for K-12 School Staff	ebridges@school.org	5/1/2024	5/12/2024	5/15/2024	5/15/2024	Passed	100%
Clark	Kent	SOS for K-12 School Staff	ckent@school.org	5/18/2024	5/20/2024	8/20/2024	8/20/2024	Passed	100%
Sarah	Rogers	SOS for K-12 School Staff	srogers@school.org	5/1/2024	5/12/2024		5/15/2024	Registered	0%

# Questions? sosinfo@riversidecc.org